MOVE AROUND A TABLE

Once a table has been created, text is entered into a cell the same way as it is entered into a paragraph. The one difference is that pressing the Tab key will move the insertion point to a different cell. To enter text into a table cell, it is necessary to move around in the table. The following table provides a list of keyboard key combinations that may be used to move around a table or to enter text into a table. If there is text already in the cell, when the tab key is pressed, the text in the cell will be highlighted. Once the text is highlighted, new text may be entered into the cell. It is also possible to select the text in the table and then input new text over the top of it.

Press	То
The Tab key anywhere in a table except at the end of the last row	Move to the next cell in the table.
The Tab key at the end of the last row	Add a new row at the bottom of the table.
Shift + Tab	Move to the preceding cell.
Ctrl + Tab	Insert a tab within a cell.
Up Arrow or Down Arrow	Move to the preceding or next row.
Alt + Home, or Alt+7 on the numeric keypad (NUM LOCK must be off)	Move to the first cell in the row.
Alt + End, or Alt+1 on the numeric keypad (Num Lock must be off)	Move to the last cell in the row.
Alt + Page Up, or Alt+9 on the numeric keypad (Num Lock must be off)	Move to the first cell in the column.
Alt + Page Down, or Alt+3 on the numeric keypad (Num Lock must be off)	Move to the last cell in the column.
Enter	Start a new paragraph within a cell.
Enter at the beginning of the first cell	Add text before a table at the beginning of a document.
Arrows	 ✓ If the cell has text in it, the arrow key will move the insertion point around in a cell. ✓ If a cell is empty, the arrow keys will move the insertion point to a new cell. ✓ Arrow keys move the insertion point from one row to another in a table.